

## Transgender Affirming Therapists in Sacramento Area

- Lori Pranger, AMFT- (916) 757-2345 lori@unique-outcomes.org Private Pay Only. Telehealth available.
- Finley Terhune, LMFT- (916) 877-4745 finley@unique-outcomes.org \* Trans, takes insurance, contact to check which. Telehealth available.
- Heather Woodford, LCSW- (916) 542-2597 heather@unique-outcomes.org Private Pay Only. Telehealth available.
- Del Phoenix, ACSW- (530)648-0242 del@del-phoenix.com \*Trans, Private Pay Only, Sliding Scale available. Telehealth available.
- Ariana Lozano, LMFT- (916) 715-7715 ArianaLozanoLMFT@gmail.com \*Trans, Private Pay, Out Of Network, and limited Scholarships available. Telehealth available.
- Danielle Greenspan, LMFT, LPCC- (916) 847-7107 greenspan.danielle@gmail.com, Private Pay Only. Telehealth available.
- Tamer Mostafa, ACSW- (916) 585-3872 tamersaidmostafa@gmail.com, Private Pay only. Sliding Scale and Telehealth Available.
- Dr. David Nylund, LCSW, Ph.D- (916) 743-7281 davidknylund@gmail.com, \*Muslim Private PayOnly. Telehealth available.
- Refugio Pantoja, LMFT- (916) 549-1688 therapy@refugiopantoja.com, Spanish Speaking, Private Pay only, Telehealth available.
- Bianca Christian, ACSW- (916) 400-0505 hello@martincounselinggroup.com Aetna and Cigna insurance, Private Pay
- Heather Blessing, LMFT- (916) 436-1841 Blue Sheild, Optum, Private Pay
- Trans & Queer Youth Collective- julie.strathdee@tqyc.org Group therapy for Queer/Trans youth in Sacramento
- Dr. Malakai Cote, Ph. D.- (916) 459-3131 DrMalakai@CoteTherapy.com Accepts multipleinsurances, contact for information.
- Adriana Joyner, LMFT- (916) 547-3997 adriana@adrianajoynertherapy.com Private Pay,Telehealth Available
- Courtney Morgan, APCC, ATR-P - (916) 399-3473 courtneykimmorgan@unique-outcomes.org PrivatePay, Telehealth Available
- Roz Katonah MA, APCC- (530) 771-6558 Private Pay only
- Kathryn Rabak, LCSW- (916) 836-4099 krabaklcsw@gmail.com, Private Pay, Sliding Scale and Telehealth available
- Abbi Ashire, AMFT- (916) 269-4955, Private Pay, Sliding Scale and Telehealth available.
- Samuel Donath, LMFT- (916) 666-2759, Private Pay, Sliding Scale and Telehealth available.

**Nevada, Placer and Yuba Counties**

- Sierra Therapy Center- 530-913-5054, ask for Sierra Sparks, LMFT, or Steven Cooper, APCC,takes insurance, contact to check which. Telehealth available.
- Del Phoenix, ACSW- (530)648-0242 del@del-phoenix.com \*Trans, Private Pay, Sliding Scale
- available. Telehealth available.
- Ramona Beresford-Howe (530) 575-5915 mindsetwellness.net  
mindsetwellness@outlook.com, Private Pay, Anthem, and Cigna